KEY QUESTIONS TO ASK BEFORE PARTICIPATING IN ANY RESEARCH STUDY

1. What is the purpose of the research study? ☐
2. What procedures will I have to go through for this research study? ☐
3. How long will I be involved in the research study? ☐
4. What are the possible risks and side effects? ☐
5. Who should I contact if I have questions during the research study? ☐
6. What are the possible benefits? ☐
7. What other options/alternatives to participation do I have? ☐
8. Are there any costs and extra payments that I have to pay if I participate in the research study? ☐
9. Can I stop/withdraw from participating in the research study at any time? ☐
10. Would I be compensated if I suffer from an injury related to the research study? ☐
11. What are the measures in place to protect the confidentiality of my medical information? ☐
12. Would I have access to the study treatment after the completion of the research study? ☐
13. Is there an independent body that I can consult before I decide if I should participate in the research study? ☐

This brochure is brought to you by the NHG OHRPP as part of a concerted effort to promote human subject protection in clinical research.

OHRPP OFFICE *of* HUMAN RESEARCH PROTECTION PROGRAMME

RESEARCH & You

What You Need to Know About Participating In Research

National Healthcare Group
Adding years of healthy life

1 What is Clinical Research?

- Clinic al research is research conducted in human volunteers to answer scientific health questions.
- Clinical research helps to determine the safety and effectiveness of experimental drugs or devices.
- Clinic al research is commonly described as a "clinical trial", "clinical study" or an "experiment".
- Clinic al research is not the same as clinical treatment.

2 Why is Research Important?

- Research is an essential process in the search for better, faster and cheaper alternatives to existing treatment and diagnostic options.
- Research has the potential to uncover important knowledge that can improve our quality of life.

3 What are the Possible Risks of Your Participation?

Some possible risks include:

- Exper iencing unpleasant side effects from new drugs or procedures.
- T aking drugs or undergoing procedures that may be less effective than those currently available.

4 What are the Possible Benefits of Your Participation?

Some possible benefits include being able to:

- Take control and play an active role in your own healthcare.
- Gain access to new research drugs or procedures before they are approved for use.
- Help others through medical research.

5 What are Your Responsibilities as a Volunteer Research Participant?

As a volunteer research participant, your RESPONSIBILITIES are:

- T o understand the information given and clarify any doubts that you may have before agreeing and giving consent to participate in a research study.
- T o attend the scheduled medical appointments and take the medication (if any) as scheduled by the research study.
- T o inform the research study investigator of any side effects or changes that you may experience.
- T o answer any research questionnaire or survey truthfully.
- T o abide by the rules and regulations stated in the research study procedure.

6 Who can Participate in Clinical Research?

- Each clinical research has a specific set of criteria to determine who can participate in the research, known as the eligibility criteria.
- The eligibility criteria usually includes factors such as age, gender, the disease under study, previous treatment history and other medical conditions.

7 What are Your Rights as a Volunteer Research Participant?

As a volunteer research participant, you HAVE the right to:

- Be informed regarding the nature, purpose, potential risks and benefits of the study.
- Be informed of alternative medical treatments.
- Ask questions regarding the research.
- Withdraw from the research without penalty or loss of benefits to which you are otherwise entitled to.
- Make an informed decision regarding your participation without undue influence, duress or coercion.

ABOUT OFFICE OF HUMAN RESEARCH PROTECTION PROGRAMME (OHRPP)

NHG Office of Human Research Protection Programme (OHRPP) aims to promote high quality and ethical research, and to ensure that the rights, safety and well-being of human subjects participating in research are protected. This oversight extends to both NHG and partner institutions.

WHO SHOULD YOU CONTACT FOR MORE INFORMATION?

If you have any questions, concerns or feedback regarding participation in a research study, please contact:

NATIONAL HEALTHCARE GROUP (NHG) OFFICE OF HUMAN RESEARCH PROTECTION PROGRAMME (OHRPP)

OHRPP EMAIL: OHRPP@nhg.com.sg

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